

**FAITH &
SPIRITUALITY****WORSHIP**

- ▶ Consider incorporating racial healing messages into your services the weekend before National Day of Racial Healing. Or, make announcements of activities your congregants can join.
- ▶ Hold a special service, prayer gathering or meditative session in honor of racial healing on January 21, 2020.
- ▶ Support a moment of silence and contemplation to be jointly held at a mutually agreeable time.

BREAK BREAD

- ▶ Extend the reach of your safe space by inviting your community's faith leaders and laypeople – of all denominations and viewpoints – to break bread and engage in racial healing conversations together on January 21, 2020.

DONATE

- ▶ Take up a collection to support interfaith groups and organizations working towards racial equity and social justice. Discover how you can participate.
- ▶ Identify faith-based activists, nonprofit organizations and others who are engaged in community racial healing. Invite them to co-develop a Day of Racial Healing event with you.

REACH ACROSS FAITHS

- ▶ Engage your local interfaith coalitions in cooperatively designing a racial healing event.
- ▶ Help facilitate connections between faith groups in your city by assigning goodwill ambassadors to visit places of worship and learn what each is doing to promote racial healing.
- ▶ Join the conversation on social networks using the hashtags #HowWeHeal and encourage others to do the same.