

*Special note for 2021: In the midst of the pandemic, the health and well-being of people remains our primary concern. There are many activities, tools and resources in this action kit that can easily be adapted as virtual experiences for participation in this year's National Day of Racial Healing.*

## PRESCHOOL EDUCATORS

- Connect with other teachers and suggest an activity that everyone can do from their classrooms or through virtual instruction. Read books aloud that affirm the identities and backgrounds of all children – check out these lists compiled by the [Anti-Defamation League](#), the [American Library Association](#), [We Need Diverse Books](#), and the [University of Washington Libraries](#).
- Organize an age-appropriate conversation with the children to first find out what they know about race. For example, the question might be as simple as asking what they know about Asian, Latino/Hispanic, African American, White and American Indian/Alaska Native people. Lead them into a conversation about making the world a better place. Emphasize caring about and respecting people of different races.

## ELEMENTARY, MIDDLE SCHOOL AND HIGH SCHOOL EDUCATORS

- Devote classroom (virtual or in-person) time to teach and/or discuss an issue related to racial healing. Consider using teaching materials from the [Zinn Education Project](#); [Teaching for Change](#); [Teaching Tolerance](#); [ADL](#); [Center for Racial Justice](#); or [Facing History and Ourselves](#).
- Organize a time for students to create art – visual or written – that inspires racial healing.
- Facilitate conversations in school cafeterias or in virtual formats using the resources above.
- Connect with the local Parent Teacher Association to organize activities.
- For older students, view the 2021 National Day of Racial Healing virtual event hosted by the W.K. Kellogg Foundation, as a class or assign as homework.

## COLLEGE EDUCATORS

- Reach out to the [Association of American Colleges and Universities](#) to collaborate on their efforts as an official partner in Truth, Racial Healing & Transformation efforts.
- Connect with other universities already organizing activities for Martin Luther King, Jr. Day, for example, and approach them about integrating the National Day of Racial Healing into their existing platform.
- Conduct outreach with the Office of Community Engagement at your local colleges and universities.
- Enlist student organizations (e. g., fraternities, sororities, clubs etc.) in developing special events.
- If your university is having in-person classes, work with Housing and Residence Life to create programs for dormitories hosted by resident assistants.
- Share online events and podcasts with your students.
- Consider holding a racial healing discussion about the personal and community impacts of COVID-19 and this past summer's protests for racial justice, as well as other experiences related to race and racism over the past year. How have students, their families and communities been directly impacted?

- Have a discussion to generate ideas on how to bring racial healing into social spaces on an ongoing basis.
- Have a class discussion on how to bring racial healing and systemic change related to their chosen fields of study, how they can work those themes into their studies, research projects and career plans.
- View the 2021 National Day of Racial Healing virtual event, hosted by the W.K. Kellogg Foundation, as a class or assign as homework.